

Carolyn Harris MP

November 2023 Monthly Update

at 1 Cathedral Road, Cardiff, CFI1 9HA

Remembrance Day 2023

November always brings with it the opportunity to reflect on the sacrifice of so many that brought us safety and peace. I was fortunate enough to partake in Armistice Day reflections in Swansea and Westminster this year. Our community came together at Swansea Station for the Poppies to Paddington service and I was privileged to lay a wreath on behalf of the people of Swansea East. This is always such a moving event, where wreaths from across the country are brought to Paddington to make one tremendous monument to the sacrifice of our fallen. I also had the privilege of laying a cross in the Houses of Parliament Garden of Remembrance. At the going down of the sun, and in the morning, we will remember them.

Swans Big Sleep Out

Matthew's House and Swansea City AFC Foundation teamed up again this year for the 'Swans Big Sleep Out' on November 17th. It was a fantastic event to be a part of, raising awareness of homelessness and raising vital funds for the amazing work Matthew's House do in our community to support those sleeping rough. Sleeping on the streets for a night was a genuinely eye-opening experience and I was grateful to share it alongside some amazing people from the Swans Disabled Supporters Association.

Everyone Deserves A Christmas 2023

It's been all stations go for #EveryoneDeservesAChristmas this month as we look to make this year's campaign our biggest ever! Thanks to the support of Julie James (MS for Swansea West), Stephen Kinnock (MP for Aberavon), Jeremy Miles (MS for Neath), Gerald Jones (MP for Merthyr Tydfil and Rhymney) and Nick Smith (MP for Blaenau Gwent) we are now reaching families for the first time in all of these areas. I am so grateful to everyone who has donated and to all the organisations who have supported and helped make this month, and the run up to Christmas throughout December, such a blast!



A privilege to lay a wreath on behalf of my Swansea East constituents alongside my friend and colleague, Tonia Antoniazzi MP



always such a moving place



The Swans Big Sleep Out was a fantastic event, a credit to Matthews House and the Swans. Brilliant to have local stars like Lee come down to support



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Things began to heat up on the 19th as the wonderful Mal Pope released his Christmas single 'Everyone Deserves A Christmas' to raise money for the hamper campaign. Mal is always a core part of our operation and this year his track, with its catchy chorus, has taken our community by storm. Mal debuted the track at the Swansea Council Christmas Parade, with the support of the wonderful DVLA Ladies Choir, and people went mad for it.

Then, come the end of the month, it was time for our big launch event for Everyone Deserves A Christmas 2023 at Swansea Market. It was so heartwarming to see our community come together to share some Christmas cheer and enjoy carols led by Penrehafod School Choir and the DVLA Ladies Choir. My colleagues Jeremy Miles MS, Julie James MS, Nick Smith MP and Gerald Jones MP came down to help bucket collect and to hear first-hand Mal's new single. We were joined as always by the Swans and Ospreys who showed their support as well as amazing local businesses. On the day we had generous donations from members of the public as well as donations from Swansea Market, HSBC, ADS, Principality Building Society and Nationwide match funded the event. Donations like these have meant we now hope to provide 1,200 hampers to families in need right across South West Wales and will make it our biggest EDAC yet!

If you wish to donate then please search for : https://www.justgiving.com/campaign/2023-everyone-deserves

Alternatively, we are collecting donations of chocolate to give to the little ones as well as to donate to good causes across the city. If you wish to donate then we are collecting at the following donation points:

- Carolyn Harris MP Constituency office, 485 Llangyfelach road, Swansea, SA5 9EA
- Mecca Bingo, Carmarthen Rd, Cwmbwrla, Swansea, SA5 8LJ
- Pure Football, 926 Llangyfelach Road, Swansea, SA5 7HR
- Freedom Leisure Centre, Heol, Gwyrosydd, Swansea, SA5 7BU
- Freedom Leisure Centre, Heol Maes Eglwys, Morriston, Swansea, SA6 6NN
- Jeremy Miles MS Constituency office, 7 High Street, Pontardawe, SA8 4HU
- Neath Port Talbot CVS, 17 Alfred Street, Neath, SA111EF

Thank you for your support and please give generously!



A wonderful performance of 'Everyone Deserves A Christmas' by Mal Pope and the Pentrehafod School Choir – safe to say it brightened up a lot of shopper's Saturday mornings!



We all thoroughly enjoyed the DVLA Ladies Choir's renditions of some carols classics – a massive thank you to them for their continued support



Lovely to have the support of some amazing South Wales politicians in Gerald Jones, Julie James, Nick Smith, Rob Stewart and Jeremy Miles collecting an amazing donation of £500 from ADS