



Carolyn Harris MP

Member of Parliament for Swansea East

Within the confinements of Westminster

During my month at Westminster, I had an exciting visit from Ysgol Gynradd Tan Y Lan. I was so pleased to see the children engaging in conversations, and it was great to answer their questions. It's always a pleasure to welcome schools within my constituency to Westminster. If any schools would like to come and visit, please contact my team.



Debating in Westminster

This month, I was able to express my thoughts in three different debates at Westminster. During the Gambling affordability debate, I made my point very clear on financial risk checks for gambling. "The logical way forward would be to introduce affordability checks on anyone gambling large sums proactively." I also had the pleasure to speak in the International Women's Day debate. During this speech, I spoke about some of the abuse that I have experienced, particularly on social media, not because of my politics, but because of my gender. "As we look ahead to the General Election, we should all reflect on the way we speak and the choices we make when addressing others."

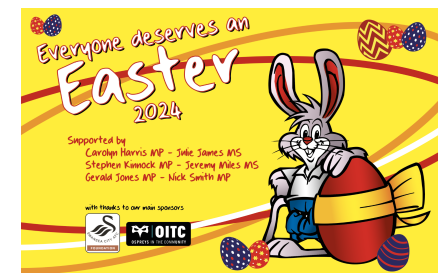


My work in Swansea East and Neath

Launching the Community Cupboard to help those who are financially struggling is an initiative that I take huge pride in. This initiative will allow people to donate unwanted household goods to those in need. It was an honour to help The University of Wales Trinity Saint David (UWTSD) and the respective staff in initiating this!



After the success of our Everyone Deserves Campaign at Christmas, we want to ensure that everyone can also celebrate Easter. With Easter quickly approaching, I would like to ask for your help in supporting our Everyone Deserves an Easter Campaign. We aim to deliver over 400 hampers this year to those who need them the most. However, to do this, we need as much support as possible. If you can donate, whether that's an Easter egg or monetary value, your donations would be greatly appreciated.





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Campaigning against the closure of M&S in Neath was very important as it was not only about the store closure but also about preserving the vitality of Neath Town Centre. I have put out a petition urging M&S to reconsider, and I would appreciate more signatures if possible.

Gambling and Menopause work

Speaking at the gambling conference at the Excel Centre was informative and enabled me to share my opinion on the Government's white paper on gambling. Taking part in the panel with the other panellists enabled me to discuss the societal effects of gambling enabling me to share my opinions beyond parliamentary confinements. I also appreciated answering the different questions from the audience.

Menopause is an important health concern and assisting those who are not as educated about it is something very important to me. Therefore, I initiated Eastwood Park Prison Week which engaged with panels, staff, and prisoners regarding education on menopause. It involved clinical advice for staff and prisoners from the Bristol Menopause Clinic, and health and wellbeing advice for staff and prisoners from Kate Rowe-Ham, Lavina Mehta and Michelle Griffiths Robinson.

We also provide menopause books and bookmarks so that the women in the prisons are fully educated on this matter and can spot their symptoms if they have any. We provided the list of symptoms on the bookmarks, and they were a great hit!

